

Roleystone Gymnastics Club COVID-19

Our mission is to protect athletes and employees by protecting and helping to prevent the spread of the disease.

Stage 1

Stage 2

Stage 3

Stage 4

Stage 5

Government Policy and RGC Policy For Members

DROP OFF	All athletes will line up at the front of the building to be signed in by staff, No Members will be allowed to enter the building unless classes of Kinder, Gym Fun, Gym Challenge, Jnr Free G or Kinder, We ask that no more than 2 family members per athlete and only 1 carer on the floor per child for Kinder classes NO SIBLINGS on the floor unless registered. NO food to be consumed in the spectator area.
CLASS CALL	Staff will collect your child from the drop-off area, Athletes for later classes can remain inside the facility until there next class commences. RGC will have no non-athlete Spectators inside the building. Any members who are spectating inside the building who cross the gym floor will be asked to leave.
STAFF WORK HABITS	All staff will follow strong hygiene protocols before and after each class. All staff members have completed the appropriate COVID safety cleaning training. Coaches staff and athletes are to maintain the 1.5metre social distancing rule at all times. Coaches have reduced spotting but still providing the appropriate training.
FACILITY CLEANING	Equipment and all building facilities are cleaned before and after classes every day. Following the safe cleaning guidelines provided by AIS (Australian Institute of Sport) The Australian Government and Work Safe. All staff and athletes will use hand sanitiser. Toilet facilities are cleaned and maintained every day. Hand sanitiser / washing stations provided and regularly cleaned
FACILITY RATIO	At no time can the club have no more than 100 patrons in 2 square meter area. The club has reduced the number of athletes per classes to minimize our numbers. RGC has kept Limited spectator access into our facility to reduces the number of people in our facility.
SCHEDULING	Classes have been scheduled to allow for safe entry and exit for all.
GROUP SPACING	Athletes are to use hand sanitiser before moving to each apparatus. Stations are spaced out to allow 1.5m or more for distancing.
EXITING	Hand sanitizer when exiting. One at a time the athletes will be sent out when we see the Guardians/ parents. Stickers on for our younger athletes No stamps.

✓ Be Gym Ready! Dressed Ready for Class ✓ All doors will remain open to keep the ventilation flowing ✓ Students are to bring there own drink bottle No water provided